

# Houston Wellness Directory

Courtesy of  
Omi Wellness & Counseling

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## LICENSED THERAPISTS


<u>The Inner Mind</u>	281-503-1553
<u>The Lotus Mind</u>	832-405-3722
<u>Julia's Counseling &amp; Play Therapy</u>	832-303-8933
<u>Sandcastle Psych, LLC.</u>	832-786-0186
<u>Positive Life &amp; Learning Solutions</u>	713-497-5540
<u>Standing Tall Consulting, LLC.</u>	346-223-2917
<u>Therapeutic Alliance, LLC.</u>	832-810-4407
<u>Pearls of Change Wellness, LLC.</u>	832-291-8363

## HOLISTIC LIVING

<u>Royal Healing, ND</u>	832-913-5022
<u>West Pelvic Wellness</u>	346-246-3823
<u>Hibiscus Health and Wellness</u>	281-394-4959
<u>Inner Peace Chiropractic</u>	713-364-3506
<u>ALBI Wellness Spa</u>	832-913-5022
<u>Archie's Garden Beds</u>	281-967-3446
<u>Redefine Solutions, LLC.</u>	832-450-1444
<u>Serasana</u>	281-769-8119

## COMMUNITY PARTNERS

A Safe Space Mentor  
Passport Journeys  
Ladies Lifestyle Network  
Breathe Free Lounge  
Crossroads Mentoring  
Boris L Henson Foundation  
LotusWei  
Relaxation Teas



Tell them  
Omolola sent you!

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[www.omiwellnessandco.com](http://www.omiwellnessandco.com)